

| Curriculum Mapping Matrix Key                          |                      |
|--------------------------------------------------------|----------------------|
| RSHE Guidance Term                                     | Ten Ten Abbreviation |
|                                                        |                      |
| <b>Relationships and Sex Education</b>                 |                      |
| Families                                               | F                    |
| Respectful Relationships                               | RR                   |
| Online Safety and Awareness                            | OSA                  |
| Being Safe                                             | BS                   |
| Intimate Sexual Relationships, including Sexual Health | ISR                  |
| <b>Health and Wellbeing</b>                            |                      |
| Mental Wellbeing                                       | MW                   |
| Wellbeing Online                                       | WBO                  |
| Physical Health and Fitness                            | PHF                  |
| Healthy Eating                                         | HE                   |
| Drugs, Alcohol, Tobacco and Vaping                     | DATV                 |
| Health Protection and Prevention                       | HPP                  |
| Personal Safety                                        | PS                   |
| Basic First Aid                                        | BFA                  |
| Developing Bodies                                      | DB                   |

# Year 9

| Theme | Theme Title                 | DfE RSHE Guidance                                       | CES RSHE Model Framework                                                                                                                                                                       | PSHE Association Programme of Study                                                                                                                                                                                       |
|-------|-----------------------------|---------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9.1   | The Search for Love         | RR: RR2, RR8<br>ISR: ISR1, ISR2, ISR3, ISR4, ISR5, ISR6 | Created to Love Others<br>Education in Virtue: 3.2.1.3, 3.2.1.6<br>Religious Understanding: 3.2.2.1, 3.2.2.2, 3.2.2.5<br>Personal Relationships: 3.2.3.4, 3.2.3.5, 3.2.3.6, 3.2.3.10, 3.2.3.11 | KS3 Healthy, positive relationships: values, commitment and healthy intimate relationships<br>KS3 Sex education: readiness, attraction, delaying sex, consent and values                                                  |
| 9.2   | Love People, Use Things     | RR: RR2, RR8<br>ISR: ISR3, ISR5<br>BS: BS11             | Created to Love Others<br>Education in Virtue: 3.2.1.3, 3.2.1.6<br>Religious Understanding: 3.2.2.5<br>Keeping Safe: 3.2.4.6<br>Created to Live in Community: 3.3.3.4, 3.3.3.5                 | KS3 Healthy, positive relationships: respect, dignity and objectification<br>KS3 Online life and safety: pornography, exploitation and harmful sexual content<br>KS3 Personal safety: exploitation and resisting pressure |
| 9.3A  | In Control of My Choices    | MW: MW6<br>RR: RR8<br>ISR: ISR3, ISR5                   | Created and Loved by God<br>Education in Virtue: 3.1.1.4, 3.1.1.6<br>Created to Love Others<br>Education in Virtue: 3.2.1.6<br>Religious Understanding: 3.2.2.5                                | KS3 Mental health and wellbeing: evaluating choices and wellbeing<br>KS3 Sex education: desire, sexual decision-making, values and self-control                                                                           |
| 9.3B  | Drug and Smoking Awareness  | MW: MW6, MW9<br>DATV: DATV1, DATV2, DATV5, DATV6, DATV7 | Created and Loved by God<br>Education in Virtue: 3.1.1.4, 3.1.1.6, 3.1.1.7<br>Created to Love Others<br>Keeping Safe: 3.2.4.7<br>People Who Can Help Me: 3.2.4.8                               | KS3 Drugs, alcohol and tobacco: facts, law, risk, addiction and support<br>KS3 Healthy lifestyles: evaluating wellbeing and healthy habits<br>KS3 Personal safety: informed and responsible decision-making               |
| 9.4   | Fertility and Contraception | F: F3<br>ISR: ISR4, ISR6                                | Created and Loved by God<br>Life Cycles and Fertility: 3.1.5.4, 3.1.5.5<br>Created to Love Others<br>Religious Understanding: 3.2.2.1, 3.2.2.2<br>Personal Relationships: 3.2.3.6              | KS3 Sex education: fertility, contraception, reproductive health and decision-making<br>KS3 Healthy lifestyles: reproductive health and medically accurate information                                                    |
| 9.5A  | Commitment and Marriage     | F: F2, F3<br>RR: RR2<br>ISR: ISR3, ISR4                 | Created to Love Others<br>Education in Virtue: 3.2.1.1, 3.2.1.2, 3.2.1.6<br>Religious Understanding: 3.2.2.1, 3.2.2.2, 3.2.2.5<br>Personal Relationships: 3.2.3.6, 3.2.3.9, 3.2.3.10           | KS3 Healthy, positive relationships: commitment, marriage, civil partnership and cohabitation<br>KS3 Sex education: faith, values and sexual decision-making<br>KS3 Families: stable relationships and wellbeing          |

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|-------|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9.5B  | Understanding Consent   | RR: RR8<br>ISR: ISR3, ISR5<br>BS: BS1, BS2<br>OSA: OSA1, OSA2, OSA4, OSA5                                                             | Created to Love Others<br>Education in Virtue: 3.2.1.3, 3.2.1.6<br>Keeping Safe: 3.2.4.1, 3.2.4.2, 3.2.4.3, 3.2.4.4, 3.2.4.5<br>People Who Can Help Me: 3.2.4.8                                                                            | KS3 Online life and safety: consent, image sharing, sexting and law<br>KS3 Healthy, positive relationships: consent and boundaries<br>KS3 Personal safety: pressure, risk and support                                               |
| 9.6   | Safe and Smart Online   | WBO: WBO1, WBO2, WBO3<br>OSA: OSA1, OSA2, OSA3, OSA4, OSA5, OSA6, OSA12, OSA13, OSA14, OSA15<br>RR: RR8<br>ISR: ISR3<br>BS: BS2, BS11 | Created to Love Others<br>Education in Virtue: 3.2.1.3, 3.2.1.6<br>Keeping Safe: 3.2.4.5, 3.2.4.6, 3.2.4.8<br>Created to Live in Community<br>Education in Virtue: 3.3.1.1, 3.3.1.3<br>Living in the Wider World: 3.3.3.4, 3.3.3.5         | KS3 Online life and safety: digital wellbeing, data, privacy, AI, scams, sextortion and reporting<br>KS3 Living in the wider world: media literacy and digital citizenship<br>KS3 Personal safety: online pressure and exploitation |
| 9.7   | Human Rights and Wrongs | RR: RR8, RR10<br>ISR: ISR3, ISR5<br>BS: BS5, BS6, BS7, BS8, BS11, BS16                                                                | Created to Live in Community<br>Education in Virtue: 3.3.1.1, 3.3.1.3<br>Religious Understanding: 3.3.2.2<br>Living in the Wider World: 3.3.3.4, 3.3.3.5, 3.3.3.8, 3.3.3.9<br>KS4 links: 4.3.3.4, 4.3.3.7, 4.3.3.8                         | KS3 Personal safety: harassment, assault, exploitation, grooming and reporting<br>KS3 Healthy, positive relationships: consent, power dynamics and dignity<br>KS3 Living in the wider world: human rights and social responsibility |
| 9.8A  | Out and About           | PS: PS1, PS2, PS3<br>BS: BS2, BS4                                                                                                     | Created and Loved by God<br>Education in Virtue: 3.1.1.5, 3.1.1.7<br>Created to Love Others<br>Education in Virtue: 3.2.1.2<br>Created to Live in Community<br>Education in Virtue: 3.3.1.1, 3.3.1.2<br>Living in the Wider World: 3.3.3.4 | KS3 Personal safety: roads, railways, water, travel, peer pressure and risk assessment<br>KS3 Health and wellbeing: emergency planning and safer choices<br>KS3 Living in the wider world: responsibility in public spaces          |
| 9.8B  | Lifesaving Skills       | BFA: BFA1, BFA2, BFA3                                                                                                                 | Created and Loved by God<br>Education in Virtue: 3.1.1.5, 3.1.1.7<br>Created to Love Others<br>Education in Virtue: 3.2.1.2<br>People Who Can Help Me: 3.2.4.8                                                                             | KS3 Keeping well, health services and first aid: basic first aid, CPR, AEDs and emergency response                                                                                                                                  |