

Curriculum Mapping Matrix Key	
RSHE Guidance Term	Ten Ten Abbreviation
Relationships and Sex Education	
Families	F
Respectful Relationships	RR
Online Safety and Awareness	OSA
Being Safe	BS
Intimate Sexual Relationships, including Sexual Health	ISR
Health and Wellbeing	
Mental Wellbeing	MW
Wellbeing Online	WBO
Physical Health and Fitness	PHF
Healthy Eating	HE
Drugs, Alcohol, Tobacco and Vaping	DATV
Health Protection and Prevention	HPP
Personal Safety	PS
Basic First Aid	BFA
Developing Bodies	DB

Year 8

Theme	Theme Title	DfE RSHE Guidance	CES RSHE Model Framework	PSHE Association Programme of Study
8.1	Created and Chosen	RR: RR2, RR3 MW: MW1, MW2	Created and Loved by God Education in Virtue: 3.1.1.1, 3.1.1.2, 3.1.1.3 Religious Understanding: 3.1.2.4, 3.1.2.5 Me, My Body and My Health: 3.1.3.1 Emotional Wellbeing and Attitudes: 3.1.4.1	KS3 Healthy, positive relationships: 1, 11 KS3 Mental health and wellbeing: 1, 3
8.2	Appreciating Differences	RR: RR2, RR3, RR4, RR5	Created and Loved by God Education in Virtue: 3.1.1.3, 3.1.1.7 Religious Understanding: 3.1.2.5, 3.1.2.6 Created to Love Others Education in Virtue: 3.2.1.2, 3.2.1.3, 3.2.1.5 Personal Relationships: 3.2.3.1	KS3 Respecting self and others: 1, 11, 12, 17, 18 KS3 Healthy, positive relationships: 1, 3, 4
8.3A	Feelings	DB: DB2 ISR: ISR1, ISR5 RR: RR2, RR5	Created to Love Others Education in Virtue: 3.2.1.5, 3.2.1.6 Religious Understanding: 3.2.2.1, 3.2.2.2 Personal Relationships: 3.2.2.5 People Who Can Help Me: 3.2.4.8	KS3 Sex education: 1, 9, 10, 11 KS3 Healthy, positive relationships: 9, 14
8.3B	Keeping Well (Part 2)	MW: MW1, MW2, MW3, MW4, MW5, MW6, MW7	Created and Loved by God Education in Virtue: 3.1.1.5, 3.1.1.6 Religious Understanding: 3.1.2.4 Me, My Body and My Health: 3.1.3.1, 3.1.3.5, 3.1.3.6 Emotional Wellbeing and Attitudes: 3.1.4.1	KS3 Mental health and wellbeing: 1, 2, 3, 4, 5, 6, 7, 9, 10, 12, 13, 18, 21
8.4	Before I Was Born	ISR: ISR1, ISR7 RR: RR2 HPP: HPP7	Created to Love Others Education in Virtue: 3.2.1.3, 3.2.1.4, 3.2.1.6 Religious Understanding: 3.2.2.1, 3.2.2.5 Life Cycles and Fertility: 3.2.3.4, 3.2.3.5	KS3 Sex education: 2, 6, 11 KS3 Keeping healthy and well: pregnancy, prenatal care, miscarriage and pregnancy loss
8.5	Tough Relationships	RR: RR2, RR3, RR4, RR5, RR6, RR9	Created to Love Others Education in Virtue: 3.2.1.2, 3.2.1.3, 3.2.1.6 Personal Relationships: 3.2.3.1 Created to Live in Community Education in Virtue: 3.3.1.1, 3.3.1.3	KS3 Respecting self and others: 11, 16, 17, 18 KS3 Healthy, positive relationships: 3, 4 KS3 Living in the wider world: 23, 26

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8.6	Think Before You Share	OSA: OSA1, OSA2, OSA4, OSA5, OSA6 BS: BS1, BS11 RR: RR5 ISR: ISR3	Created to Love Others Education in Virtue: 3.2.1.5, 3.2.1.6 Religious Understanding: 3.2.2.5 Keeping Safe: 3.2.4.2, 3.2.4.5, 3.2.4.6, 3.2.4.8	KS3 Online life and safety: 2, 3, 11, 12, 13, 23, 24, 25, 26, 27 KS3 Personal safety, risk and influence: 3, 11, 12, 13 KS3 Sex education: 10
8.7	Wider World	RR: RR2, RR3, RR4, RR5, RR6, RR9, RR10	Created to Love Others Education in Virtue: 3.2.1.3, 3.2.1.5, 3.2.1.6 Religious Understanding: 3.2.2.5 Keeping Safe: 3.2.4.2, 3.2.4.6 Created to Live in Community Education in Virtue: 3.3.1.1, 3.3.1.3	KS3 Respecting self and others: 11, 16, 17, 18 KS3 Healthy, positive relationships: 3, 4 KS3 Living in the wider world: 23, 26
8.8	Basic First Aid (Part 2)	BFA: BFA1, BFA2	Created and Loved by God Education in Virtue: 3.1.1.5, 3.1.1.7 Created to Love Others Education in Virtue: 3.2.1.2 People Who Can Help Me: 3.2.4.8	KS3 Keeping well, health services and first aid: 5, 6